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# Heartbreak & hope

with Pat Barbarito



Co-managing partner and divorce lawyer [Pat Barbarito](#)

thought she knew all about complex relationships and the laws that govern them – until her own marriage of 17 years ended and she determined to get to the heart of love, marriage, and human connection. Her journey spanned the entire scope of relationships – from the science of attraction to the financial impact of separation, to old myths that society still touts as true to new laws that outline how to navigate both uniting and uncoupling.

**Heartbreak & Hope** with Pat Barbarito offers insights, anecdotes, and guidance from a variety of experts and includes her own perspective on how best to thrive through any stage of relationship building.

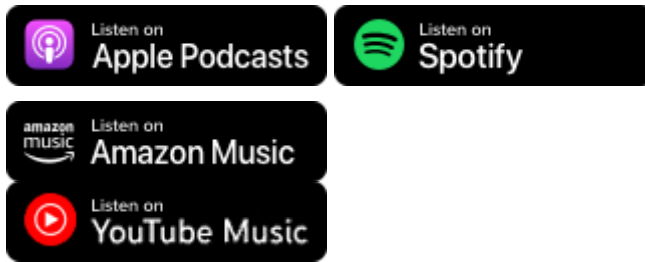
If there is a certain angle of relationship building or dismantling you would like us to explore, [please send it to us via email](#). We are always grateful for your input, words of encouragement and never-ending support!

**ATTENTION, ATTORNEYS!** Are you a fan of our show and seeking some CLE credit? Check out Surviving Parental Alienation with Dr. Amy Baker. [Be sure to use this link to access the correct version of the episode](#) (it has the necessary NJSBA codes to provide) and follow the instructions provided.









## Episode Descriptions:

Facing 50 Fearlessly With Maria Leonard Olsen

Let's Talk About Sex & Aging with Dr. Anika Ackerman

Heartbreak & Hope Turns Two

The Art of the Apology with Dr. Jennifer Thomas

Thriving At Work with Dr. Traci Cipriano

The Doc Returns! More From Dr. Mitchell

Chasin On Aging Gracefully, Serving Celebrities, & Avoiding Complications

Connecting Cosmetic Surgery & Mental Health with Dr. Mitchell Chasin

Sit, Stay, Heal: What Dogs Can Teach Us About Living Well with Dr. Renee Alsarraf

It Takes a Village: How Systemic Humanity Changes Lives with Dr. Michael Libertazzo

The Love Toolkit with Dr. Duana Welch

What I Wish I'd Known Before Getting Married & Divorced

Surviving Parental Alienation with Dr. Amy Baker

The Doctor Is In! Exploring Lovesickness with Cardiologist Aaron Feingold



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Finding Love after 50 with Francine Russo,  
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Author & Speaker

Home, Hope, & Hot Meals with Eva's Village

This Is Us with Matthew Coleman, Brendan