

Heartbreak & Hope Turns Two

February 14, 2024 | by Patricia M. Barbarito

Happy Valentine's Day!

Here at Heartbreak & Hope, we know this "holiday of love" can evoke a myriad of emotional responses, but for us, it means just one thing: it's our anniversary!

Join us as host **Pat Barbarito** brings her usual blend of frankness and fearlessness to the show's second year celebration and offers a little no-nonsense insight into....

- the financial and emotional costs of divorce,
- the justice delivered (or not) through the divorce court,
- the ripple effect of your divorce on your longtime definition of family,
- how to reinvent, redefine, and rediscover who you are after the demise of your marriage, and so much more.

Be sure to listen to the end for a few words of support and some of Pat's personal steps to start embracing your new reality as a divorcee!

About Heartbreak & Hope

Heartbreak & hope

with Pat Barbarito



Co-managing partner and divorce lawyer [Pat Barbarito](#)

thought she knew all about complex relationships and the laws that govern them – until her own marriage of 17 years ended and she determined to get to the heart of love, marriage, and human connection. Her journey spanned the entire scope of relationships – from the science of attraction to the financial impact of separation, to old myths that society still touts as true to new laws that outline how to navigate both uniting and uncoupling.

Heartbreak & Hope with Pat Barbarito offers insights, anecdotes, and guidance from a variety of experts and includes her own perspective on how best to thrive through any stage of relationship building.

