Carmen Diaz Quoted in Star-Ledger Investigation on Consequences of NJ's New Custody Law

Carmen Diaz, partner at Einhorn Barbarito in the firm's Family/Matrimonial Practice and immediate past president of the Essex County Bar Association, was featured in a comprehensive investigation by *NJ.com* and the *Star-Ledger* examining the impact of New Jersey's January 2026 child custody law reforms.

The article "Girl suffering after parents' divorce can't get therapy under new law supposed to protect her" discusses how the dramatic changes to the state's custody statutes have created unexpected barriers to mental health treatment for children in high-conflict divorce cases.

The law, intended to prevent controversial reunification therapy, now requires both parents to consent before courts can order any therapy. This creates delays for vulnerable children and, as Carmen explains, a growing therapist shortage due to confidentiality concerns.

"This will have a huge impact on children," Carmen told *NJ.com*. "This is precisely what we were worried about."

Certified by the New Jersey Supreme Court as a Matrimonial Attorney, and with more than 19 years of experience advising family law clients, Carmen has a deep understanding of the challenges of divorce and its unique impact on families. To learn more about Carmen's practice, click here.